

# The Practice of Confession for kids!

## WHAT IS CONFESSION:

Confession is related to sin. Sin is the act of thinking, saying or doing things that are not pleasing to God. God loves us and wants us to tell him (confess) how we have sinned and ask for his forgiveness. He wants us to say we are sorry and promise not to do that sin again.

When we do this (Confess) "God shows that He is faithful and just by forgiving us for the pollution of all the bad things we have done". 1John 1:9(The Voice)

Trace this  
Cross with  
your finger as  
you talk to  
God.

**Start at the top.** Every time you get to a corner stop and think. Tell God something you might have said, thought or done that might have hurt someone's feelings or something that you know is wrong that your might have done. (Maybe you did not do something your mom or dad said to do or maybe you told a lie.) Whatever it is, tell God. You are his child. He loves you and wants to forgive you.

After you have  
confessed your  
sins to God,

trace the Cross  
again with your  
finger, but this  
time , as you get to  
a corner stop and  
say:

**God loves me!**

**Jesus died for me!**

**I am forgiven!**

*Confess your  
sins daily and  
walk  
in the  
Spirit!*



## Object lesson for Families about sin.

Discussion point: Just as dirty laundry smells bad, our sins "stink" to God. We stay clean by regularly confessing our sins to God.

Please copy and paste this link in your browser to access this fun way of talking about sin.



<https://www.kidsofintegrity.com/lessons/righteousness/hands-options/we-must-confess-dirty-clothes-make-mess>

## Object lesson for families on Repentance.

Discussion point: Jesus' sacrifice means our sins can be "washed away" when we repent.

Please copy and paste this link in your browser to access the hands-on activity about being forgiven.

<https://www.kidsofintegrity.com/lessons/humility/hands-options/practice-repentance>

